

## Jody Jones

jjonice70@hotmail.com

NCCP Level 3 Certified

Choreographer/Skills Coach - YRSA 2012- 2020

Choreographer/Skills Coach - Richmond Training Center 2016 - 2020

Choreographer/Skills Coach - Thornhill FSC 2020  
- Present

Resource Coach/Choreographer - ICESA 2020 - Present

4-time Coaching member of the World Synchronized Skating Team - 2001-2004

Head Coach, Choreographer and Director for FUSION Synchronized Skating Teams - 2002-2012

11 National Championship Titles - Adult, Novice, Junior and Senior Synchronized Skating Teams

Jody has been a Skate Canada coach for the past 33 years with an extensive background in Synchronized Skating. She has worked with teams/skaters all over Canada, as well as Finland, Australia, and the United States. Jody's passion for teaching "SOLID BASICS", balance and control of the edge, along with "movement thru music" shines through in her positive coaching methods.

*"First you a part of it, then it becomes a part of you...give everything you've got, til you have no more to give....."*

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